



LUCIAPOKALEN BIKINI FITNESS

VETERAN

1. Lina Granberg, Team Krafta – 7
 2. Camilla Gennel Rosén, TC Strong by Sweden – 11
 3. Theresia Vörös, Team Krafta – 15
 4. Sofia Backelin, MM Sports Team – 16
 5. Maria Iggström, AL Coaching – 26
 6. Viveca Östlund, Team JF Athletes – 27
 7. Lorena Viracca, Team Shapebysharam – 38
 8. Louise Carlsson, MM Sports Team – 40
 9. Maria Thorén, Team In Shape – 45
 10. Helen Nordin, Team Athletic Store – 46
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JUNIOR -160 CM

1. Alice Öhling, Team Rise Above – 8
2. Michéle Hagersand, MM Sports Team – 9
3. Sanna Andersson, MM Sports Team – 14

JUNIOR -166 CM

1. Agnes Fryklind, Team Gymgrossisten Butik – 5
2. Malin Wahlgren, MM Sports Team – 10
3. Emma Svensson, Team Shapebysharam – 18
4. Michaela Dahlström, Team Fitness By Aspen – 18
5. Caroline Wernersson, Team Fitness By Aspen – 21
6. Lovisa Sandberg, Team Shapebysharam – 29
7. November Lindstrand Liikala, Team Rise Above – 40
8. Ida Holm Larsson, Team Fitness By Aspen – 41
9. Julia Lagnefors Petersohn, MM Sports Team – 41
10. Carolina Nyqvist, MM Sports Team – 44
11. Daniella Olsén, Team Hypernova – 61
12. Elin Andersson, Team Gymgrossisten Butik – 63
13. Kajsa Stranne, Team Diamond Fitness – 64
14. Linnea Westman, MM Sports Team – 66
15. Nathalie Kristoffersson, Team Boxen Umeå – 71



LUCIAPOKALEN BIKINI FITNESS

JUNIOR +166 CM

1. Beatrice Yxhammar, Team Fitness By Aspen – 7
 2. Amelia Björnberg, MM Sports Team – 8
 3. Emma Hedman, Team Ironsport – 20
 4. Emma Fredriksson, MM Sports Team – 20
 5. Ebba Green, MM Sports Team – 22
 6. Beatrice Frykman, Team Proteinbutiken – 28
 7. Filippa Nilsson, Team Ironworks Gym – 38
 8. Michelle Gabrielsson, Team Rise Above – 38
 9. Malin Andersson, Team Shapebysharam – 43
 10. Moa Fallqvist, Team Gymgrossisten Butik – 55
 11. Rebecca Qvist, Team Gymgrossisten Butik – 56
 12. Josefine Andersson, Team Shapebysharam – 60
 13. Malin Thrysén, Team Tillskottsbolaget – 60
 14. Julia von Krusenstjerna, Team Edererathletes – 70
 15. Hanna Frischenfeldt-Bååth, Team Gymgrossisten Butik – 70
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SENIOR -160 CM

1. Sofia Ericson, Team Make me fit – 10
2. Sanna Björkman, Team Power Eskilstuna – 11
3. Sara Ekström, Team Nordiskt Kosttillskott – 17
4. Frida Haapanen, Delta Gym – 20
5. Catrin Segerlund, Team Nutramino – 21
6. Arieta Balaj, Team Gymgrossisten Butik – 28
7. Sarah Norlén, Team Black Madness – 32
8. Cecilia Pettersson, Team Hypernova – 40
9. Victoria Lindell, Team Sisu Nutrition – 45
10. Frida Norlén, Ren Styrka – 49
11. Mirja Jönsson, Team Tillskottsbolaget – 56
12. Mayte Suarez Hernandez, Ullis Fitness & Kroppsvård – 59

SENIOR -163 CM

1. Therese Uppling, Team Ironworks Gym – 6
2. Ida Lundén, Tempo Training – 13
3. Kamontip Jantaduang, Team Ironsport – 19
4. Emelie Bengtsson, Team Shapebysharam – 20
5. Evelina Grankvist, Team Alpha – 21
6. Lisa Karlsson, Team Chipset – 27
7. Johanna Barse, Team Gymhuset – 33



LUCIAPOKALEN BIKINI FITNESS

SENIOR -166 CM

1. Josefine Bilberg, Tempo Training – 7
2. Jeanette Nilsson, Team Tillskottsbolaget – 9
3. Maja Sturkman, Team Diamond Fitness – 17
4. Caroline Pineda, Team ITK Fitness – 22
5. Victorya Fredin, MM Sports Team – 22
6. Lee Ljungberg, MM Sports Team – 28
7. Yesliani Meneses Rodriguez, Winners Never Quit – 36
8. Angelica Isaksen Österberg, Team Make me fit – 38
9. Michelle Palm, MM Sports Team – 41
10. Anette Sandstedt, Team Nutrifarm – 57
11. Sofie Drinic, Fitnessguru – 57
12. Emma Åhlin, Team Nordiskt Kosttillskott – 58
13. Pernilla Bardin, MM Sports Team – 58

SENIOR -169 CM

14. Josefin Brander, Gnesta Gym – 8
15. Lina Ohlsson, Team K.O. Store – 9
16. Aline Bonneau, Team Fitness By Aspen – 16
17. Jenny Andersson, Team Muscle.se – 19
18. Rebecca Heilert, Team Sisu Nutrition – 22
19. Lina Kristina Åström, Tempo Training – 29
20. Martina Andersson, Team Fitness By Aspen – 40
21. Sara Buder, Team Sisu Nutrition – 41
22. Natalie Gustafsson, Team Nutrifarm – 41
23. Elwira Jeczalik, Team Budo & Fitness – 49
24. Hannah Eklundh, PPC-Gym – 55
25. Cecilia Westerberg, Gnesta Gym – 61
26. Jenna Susman, Team Fast – 69
27. Ann-Louise Elfgren, Team Athletic Store – 69
28. Sophie Sundström, Team Fitnesslife Sweden – 69

SENIOR -172 CM

29. Emilia Christensen, Gnesta Gym – 7
30. Jenny Lundberg, Team Big Up Lifting – 12
31. Theresé Falk, Team Svensk Sport Nutrition – 14
32. Olga Isaksson, Team Fairing – 18
33. Camile Ademi, Fitness by Sweden – 25



LUCIAPOKALEN BIKINI FITNESS

SENIOR +172 CM

1. Victoria Nyberg, Team Ironworks Gym – 6
 2. Josefin Sandberg, Gladius Gym – 12
 3. Tina Jansson, MM Sports Team – 14
 4. Karin Hoof, Team Chipset – 19
 5. Linneá Norén, Östervåla Kraftsportklubb – 26
 6. Emelie Zonnander, Team K.O. Store – 28
 7. Therese Isacson, MM Sports Team – 36
 8. Jannike Lehtonen Andersson, Athletes by Melin – 39
 9. Isabell Djurstedt Broberg, Team Gymgrossisten Butik – 40
 10. Linnéa Henningsen, MM Sports Team – 49
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LUCIAPOKALEN BODYFITNESS

VETERANER

11. Maria Bergström, MM Sports Team – 4
 12. Monica Gustavsson, Team ShapesGym – 6
 13. Pernilla Berglund, Team Proteinbutiken – 7
 14. Emma-Lee Molander, Pro Gym BBK – 12
 15. Maria Wahlberg, Växer Gym – 15
 16. Eva Sjöberg, Najadens Gym – 17
 17. Camilla Höglund, Team Ironsport – 23
 18. Pernilla Valsinger, GnestaGym – 26
 19. Christina Larsson, Team Ironsport – 28
 20. Linda Bäckman, Team Gymgrossisten Butik – 29
 21. Linda Kristiansson-Åström, Ren Styrka – 33
 22. Carola Kalldin, Team Bjarke Athletics – 38
 23. Matilda Ebbesson, TMC Trönninge Motions Center – 39
 24. Marianne Hedberg, Team Bjarke Athletics – 39
 25. Susanne Karlsson, Team K.O. Store – 45
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JUNIORER

26. Gabrielle Lindfors, Team Gymgrossisten Butik – 6
27. Vendela Tång, GnestaGym – 11
28. Lovisa Stenman, Team Fairing – 3
29. Isabelle Wålinder, Delta Gym – 10
30. Rebecca Yhlin Kling, Fitnessguru – 15



LUCIAPOKALEN BODYFITNESS

SENIOR +158 CM

1. Cinthia Smedstad, DIY Team – 5
2. Frida Landhammar, Team Proteinexperter – 7
3. Maria Jensen, MM Sports Team – 8
4. Anett Jakobsson, Delta Gym – 9

SENIOR +163 CM

1. Lina Andersson, Delta Gym – 4
2. Angela Berggren, Team Forever Fit by Better Bodies – 5
3. Tess Sjögren, Team Budo & Fitness – 12
4. Helena Mellberg, TC Strong by Sweden – 13
5. Ronja Haapanen, Delta Gym – 14
6. Erica Weidenstolpe, Team Justfit – 17
7. Emma Svensk, Team Ironsport – 23
8. Jenni Holmberg, My Coach Athletes – 24
9. Carin Liljeroos, Inshape24 – 28
10. Malin Johnsson, Team Rise Above – 31
11. Jessica Bjurlerstam, Team In Shape – 32

SENIOR +168 CM

1. Elma Sipkar, Team Nutramino – 3
2. Ulrika Sjöström, GnestaGym – 7
3. Jennifer Ömar, Team Tillskottsbolaget – 9
4. Charlotte Askåsen, Team Black Madness – 10
5. Helené Wallin, AL Coaching – 14
6. Isabella Eltonius, Team Budo & Fitness – 18
7. Johanna Forsbom, Team Muskelbygget – 22
8. Susanne Lindeqvist, Team K.O. Store – 23
9. Anna Eklöf, Östervåla Kraftsportklubb – 24

LUCIAPOKALEN MEN'S PHYSIQUE

VETERAN

10. Pacome Kouakou, Team Shapebysharam – 3
11. Torbjörn Swedin, Team Kasra – 7
12. Niclas Forsslund, Tempo Training – 10
13. Hans-Göran Mattsson, Team Gumse Gym – 11
14. Mikael Ring, Team Edererathletes – 13



LUCIAPOKALEN MEN'S PHYSIQUE

JUNIOR -178 CM

1. Simon Staaf, Tempo Training – 3
2. David Eklund, Fitnessguru – 8
3. Adam Howako, Team reFitness – 10
4. Jimmy Hsia, TeamaeT – 11
5. Pontus Bäckman, Team Boxen Umeå – 12
6. Thomas Kaliff, Team Proteinbutiken – 18
7. Alexander Nilsson, ANfitness – 25
8. Alexander Sjöman, Team reFitness – 26
9. Bahram Jalili, Örebro Kraftsportklubb – 27
10. Noor Faleh, Team Ironsport – 28
11. Sebastian Karlsson, Team Ironsport – 34
12. Kasper Edblom, Team Nordiskt Kosttillskott – 34
13. Elvis Morina, Team Gymgrossisten Butik – 38
14. Sinan Eker, Delta Gym – 41
15. Lucas Johannesson, Team Gymgrossisten Butik – 45

JUNIOR +178 CM

1. Tobias Jönsson, Team Proteinbutiken – 6
 2. Glenn Wadlin, Team Fitnessbutiken Lidköping – 8
 3. Alexander Jonsson, BodyStrong Fitness Europe – 8
 4. Jesper Carlson, Team Sisu Nutrition – 10
 5. Pritam Ahmed, Team AlphaOmega – 15
 6. Mattias Nordlund, Team Gymgrossisten Butik – 17
 7. Anthon Karlsson, TC Strong by Sweden – 22
 8. Kevin Clarén, Team Tillskottsbolaget – 24
 9. Gustaf Memner, Team Shapebysharam – 25
 10. Fredrik Sjögren, AL Coaching – 27
 11. Reuben Daniel, MM Sports Team – 35
 12. Victor Balkrud, Team Nordiskt Kosttillskott – 37
 13. Joel Fjällborg, Team Tillskottsbolaget – 38
 14. Daniel Eriksson, Bodyfight – 39
 15. Alexander Karlsson, Trosa Atletik – 42
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LUCIAPOKALEN MEN'S PHYSIQUE

SENIOR -174 CM

1. Johnny Forsman, Team Make me fit – 4
2. Anthony A Pettersson, Alströmer BBFF – 7
3. Fredrik Wallin, Team Tillskottsbolaget – 7
4. Pontus Hung, Delta Gym – 12
5. Achour Younan, Team Gymgrossisten Butik – 16
6. Filip Henningsson, Team Boxen Umeå – 16
7. Christofer Koumal, Team Ironsport – 23
8. Mark Anthony Siozon, Team Fairing – 24
9. Assane Sall, Delta Gym – 28
10. Johan Lindgren, JS Fit Forever Team – 34
11. Sasan Sadeghi, Pro Gym BBK – 34
12. Tobias Edlund, Team Nordiskt Kosttillskott – 37
13. Ola Carlberg, Team Hypernova – 38
14. Leon Mattia, Team Elit Nutrition – 39
15. Timmy Wikman, MH Gym – 43

SENIOR -178 CM

1. Youssef Habib, JS Fit Forever Team – 3
2. Josep Ricart, Team Ironhouse – 6
3. Sulaiman Ebadi, Team Gymgrossisten Butik – 11
4. Sammy Abdulmasih, Team Palmell – 13
5. Henrik Pernemark, SN Top Team – 15
6. Daniel Gunnarsson, Team Ironsport – 16
7. Sufian Buba, Team Ironhouse – 21
8. Svenne Rådström, Team Boxen Umeå – 23
9. Filip Pileboda, MM Sports Team – 24
10. Alexander Forsell, Team Aktiv – 24

SENIOR -182 CM

1. Fredrik Sjöberg, Delta Gym – 6
2. Filip Ekman, Team JF Athletes – 9
3. Adam Alfredström, Team Power Eskilstuna – 10
4. Patrik Thomasson, Team JK Fitness – 10
5. Ezmeray Ahmadi, Team Nordiskt Kosttillskott – 12
6. Elias Sundström, JS Fit Forever Team – 15
7. Mikael Elfgrén, Team Svensk Sport Nutrition – 21
8. Jonas Lindh, Team Athletic Store – 22



9. Albin Hjertberg, Team JK Fitness – 26
10. Per Rosenlind, Team Gymgrossisten Butik – 29
11. Johannes Eghammar, Team Gumse Gym – 34
12. Simon Jouchims, Team ÅF – 38
13. Tommy Normann, Team Ironsport – 40
14. Solomon Elgaard, Delta Gym – 40
15. Marcus Gustafsson, MM Sports Team – 43

SENIOR +182 CM

1. Robert Safaei, Delta Gym – 6
2. Edgar Cardona, Delta Gym – 6
3. Johan Cherubini, MM Sports Team – 8
4. Anton Bengtsson, Delta Gym – 10
5. Erik Karlsson, Team JK Fitness – 16
6. Daniel Borgström, Team Shapebysharam – 17
7. Albin Stolt, Team JF Athletes – 21
8. Martin Eklöf, Bodydisciplin Athlete Club – 23
9. Nicholas Nilsson, TeamaeT – 27
10. Richard Magnason, ANfitness – 30
11. Thomas Johansson, Team Trifinity – 36
12. Mattias Vidén, MM Sports Team – 36
13. Alexander Lumphé, MM Sports Team – 37
14. Jakob Ahlgren, MM Sports Team – 38
15. Bengt Åslund, Team Nutrifarm – 42

LUCIAPOKALEN CLASSIC BODYBUILDING

VETERANER

1. Saeed Ghanbar Poor, Team Ironsport – 21
 2. Michael Kairenius, Team Nordiskt Kosttillskott – 24
 3. Anders Jakobsson, Delta Gym – 47
 4. Kalle Lund, TC Strong by Sweden – 65
 5. Christer Ny, Nitro Gym – 67
 6. Fredrik Ryrland, BodyStrong Fitness Europe – 90
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LUCIAPOKALEN CLASSIC BODYBUILDING

VETERANER

1. Saeed Ghanbar Poor, Team Ironsport – 21
 2. Michael Kairenius, Team Nordiskt Kosttillskott – 24
 3. Anders Jakobsson, Delta Gym – 47
 4. Kalle Lund, TC Strong by Sweden – 65
 5. Christer Ny, Nitro Gym – 67
 6. Fredrik Ryrlund, BodyStrong Fitness Europe – 90
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JUNIORER

1. Yusef Babar, Team AlphaOmega – 15
 2. Fredrik Kopp, AL Coaching – 31
 3. Albin Mattsson, Team SportKost – 46
 4. Andrey Fruktofskiy, Team Tillskottsbolaget – 57
 5. Daniel Ekdahl, Team Tillskottsbolaget – 77
 6. Simon Strandberg, Team Tillskottsbolaget – 88
 7. Athanasios Apostolopoulos, Team Rise Above – 33
 8. Gustaf Karlsson, Team Tillskottsbolaget – 41
 9. Christopher Cederlöf, Exhale Gym – 42
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SENIORER -175 CM

1. Fahim Jahani, Team Elit Nutrition – 21
2. Kristoffer Hellström, Team Gym22 – 26
3. Kristofer Birgersson, Team ShapesGym – 50
4. Nicholas Månsson, Nitro Gym – 53
5. Kenny Karlsson, Örebro Kraftsportklubb – 78
6. Mahmoud Zaghnoun, Maxprestation Sports Club – 87
7. Aws Abu Ali, MM Sports Team – 33

SENIORER -180CM

1. Stefan Persson, Team Ironsport – 15
2. Robert Thegerström, MM Sports Team – 37
3. Martin Nyström, Nordic Shape – 44
4. Martin Ekelund Troive, Fyshuset Sportklubb Gefle – 65
5. Gerry Gruber, Växer Gym – 70
6. Mattias Randehov, Team Sisu Nutrition – 87
7. Janne Tommikoski, Team Motala Fitness Center – 36
8. Jonathan Wahlström, Team Flex Sweden – 40
9. Kenneth Porsen, Nordic Shape – 44



LUCIAPOKALEN CLASSIC BODYBUILDING

SENIORER +180CM

1. Monir Hejazi, Team Shapebysharam – 26
 2. Anders Hillerborn, Team Ironhouse – 29
 3. Alexander Anund, Team ShapesGym – 59
 4. Ahmad Almasri, Team JK Fitness – 62
 5. Oliver Gustafsson, Team Sisu Nutrition – 65
 6. Patrik Jennekrans, Team Edererathletes – 73
 7. Rickard Larsson, Team Ironsport – 39
 8. Andreas Möller, AL Coaching – 39
 9. Kenny Sydhagen, Trosa Atletik – 47
 10. Johan Steen, MM Sports Team – 49
 11. Anders Beijer, Team Haningehälsostudio – 53
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LUCIAPOKALEN BODYBUILDING

VETERANER 40-49 ÅR, -80 KG

(bedömdes tillsammans med 40-49 år, +80 kg)

1. Magnus Gustafsson, Team Muscle.se – 70
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VETERANER 40-49 ÅR, +80 KG

(bedömdes tillsammans med 40-49 år, -80 kg)

1. Jonas Engback, Delta Gym – 15
2. Imad Alzuhaily, Maxprestation Sports Club – 31
3. Erik Sandell, Team Gumse Gym – 44
4. Fredrik Niemelä, Team Ironsport – 63

VETERANER 50-59 ÅR, -80 KG

(bedömdes tillsammans med 50-59 år, +80 kg)

1. Tonne Tartaglione, Team Ironsport – 33
2. Mats Funck, Team Edererathletes – 45
3. Björn Bäck, Team Flex Sweden – 79
4. Dennis Johansson, Team In Shape – 86

VETERANER 50-59 ÅR, +80 KG

(bedömdes tillsammans med 50-59 år, -80 kg)

1. Göran Björk, Team Ironsport – 15
 2. Mikael Englund, Pro Gym BBK – 57
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LUCIAPOKALEN BODYBUILDING

JUNIORER -75 KG

1. Emil Ljung, Örebro Kraftsportklubb – 15
2. Rasmus McCartney, Team Gymgrossisten Butik – 30
3. Felix Habihirwe, Team Muskelbygget – 50
4. Robin Alriksson, Delta Gym – 55

JUNIORER +75 KG

1. Christian Svensson, Team Motala Fitness Center – 80
 2. Rasmus Olsson, Team Ironhouse – 85
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SENIORER -80 KG

1. Tarek Tawfik, Team Acctive – 18
2. Fredrik Bergman, Team Gymgrossisten Butik – 27
3. Daniel Terranova, SN Top Team – 46
4. Manne Persson, Team Gymgrossisten Butik – 59

SENIORER -90 KG

1. Jonas Sleiman, Delta Gym –32
2. Billy Langlet, Team Gumse Gym –38
3. Abbe Benaouda, Nordic Shape –39
4. Daniel Bäckström, Exhale Gym –45
5. Simon Te, MM Sports Team –67
6. Ahmed Mawlood, Team Elit Nutrition – 90

SENIORER +90 KG

1. Daniel Boström, Nordic Shape – 15
 2. Mattias Allgren, Team Sisu Nutrition – 30
 3. Yosef Asmar, Team Asmar – 53
 4. Peter Jarl, AL Coaching – 62
 5. Degaul Nwadinkpa, Team Gymgrossisten Butik – 75
 6. Nibras Al Delemi, Team Superior14 Sweden – 81
 7. Christian Hemmingsson, Sätters Atletklubb – 32
 8. Tor Kulju, Team Ironsport – 40
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